



# Gentle and Humble in Heart

+ July is Disability Pride Month +

## SUNDAY, JULY 05

### + 1st SUNDAY after PRIDE

+ Deacon Les LaRue, preaching  
(Zech. 9: 9-10 & Mt. 11: 25-30)

10:00 am Choir Rehearsal for 11am

11:00 am **Celebration Liturgy** Live-streamed!

12:30 pm ♥ **Birthday Party for Roxana's 2nd Birthday! All are Welcome!** ♥

9:00 pm Sylvia's Place Youth Shelter

### Monday, June 06: Office Closed

5:00 pm The Gary Skala Drop-in Clinic (HYS—to 8pm)

9:00 pm MCCNY HYS at Sylvia's Place

### Tuesday, June 07

♥ **Happy Birthday Steve Johnson!**

♥ **Happy Anniversary Dan & Andy Buck!**

1:00 pm Lunch Distribution (until 3pm)

5:00 pm The Gary Skala Drop-in Clinic (HYS—to 8pm)

9:00 pm MCCNY HYS at Sylvia's Place

### Wednesday, July 08

♥ **Happy Birthday Michael Boothroyd and Kirsten Abrams!**

1:00 pm Lunch Distribution (until 3pm)

5:00 pm The Gary Skala Drop-in Clinic (HYS—to 8pm)

6:00 pm **Q Clinic (3rd floor)**

9:00 pm MCCNY HYS at Sylvia's Place

## 2026: A Year of Resilience!

### Thursday, July 09

9:00 am Food Pantry

1:00 pm Lunch Distribution (until 3pm)

5:00 pm The Gary Skala Drop-in Clinic (HYS—to 8pm)

6:00 pm **Covenanted Bible/Theology Study w/Rev. Reg via Zoom**

9:00 pm MCCNY HYS at Sylvia's Place

### Friday, July 10

12:15 pm **Taize Prayer w/Rev. Brett (Facebook)**

5:00 pm The Gary Skala Drop-in Clinic (HYS—to 8pm)

9:00 pm MCCNY HYS at Sylvia's Place

### Saturday, July 11

♥ **Happy Birthday Mic Chilvers!**

9:00 pm MCCNY HYS at Sylvia's Place

## SUNDAY, JULY 12

### + 2nd SUNDAY after PRIDE

♥ **Happy Birthday Rev. Pressley and Rev. Jen!**

+ **The Rev. Elder Pat Bumgardner, preaching**

(Is. 55: 10-11 & Mt. 13: 12-23)

10:00 am Choir Rehearsal for 11am

11:00 am **Celebration Liturgy** Live-streamed!!

9:00 pm Sylvia's Place Youth Shelter

## \* 11am CELEBRATION LIVE-STREAMED EVERY SUNDAY!

\* **Pantry and shelter remain open.** + **For pastoral calls: 332-400-7488**

Please make sure the Church has your cell phone number and email address!

Send to: [RvPatMCCNY@aol.com](mailto:RvPatMCCNY@aol.com)

**MCCNY**   
METROPOLITAN COMMUNITY CHURCH OF NEW YORK

446 W. 36th Street | New York, NY 10018 | 332-400-7488 | [mccnyboardofdirectors@gmail.com](mailto:mccnyboardofdirectors@gmail.com) | [www.mccny.org](http://www.mccny.org)

July 05, 2026

✚ 1st Sunday after PRIDE!

MCC globally celebrates "57 Years of Offering Our Light to the World"

54th Anniversary Year at MCCNY: A Year of Resilience!

The Community at Worship 11am

ASL Interpreter (First, second, and third Sundays of the month and special celebrations)

Pat Dash



## PRELUDE

John Fischer, Music Director  
Carolyn Traore, Song Leader  
Heidi Siegell, Soloist

## PROCESSION

"Sing Praise to God Who Gives Us Life"

#203/Hymnal  
*Please stand as able*

## WELCOME

The Rev. Elder Pat Bumgardner  
Metropolitan Community Church of New York

✚ The Sign of Peace

## THE LESSON

La Lección Primera

The First Lesson

Zacarías 9: 9-10

Zechariah 9: 9-10

¡Alégrate mucho, ciudad de Sión! ¡Canta de alegría, ciudad de Jerusalén! Tu gobernante viene a ti, justo y victorioso, pero humilde, montado en un burro, en un burrito, cría de una burra. Tu gobernante destruirá los carros de Efraín, los caballos de Jerusalén y los arcos de guerra. Tu gobernante anunciará paz a las naciones y gobernará de mar a mar, del Éufrates al último rincón del mundo.

+ Esta es la Palabra de Dios

TE ALABAMOS, O DIOS

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! See, your ruler comes to you; triumphant and victorious, humble and riding on a donkey, on a colt, the foal of a donkey. This one will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and this one shall command peace to the nations with a reign that shall be from sea to sea and from the River to the ends of the earth.

+ This is the Word of God

THANKS BE TO GOD

## MUSICAL RESPONSE

MCCNY Choir

La Lección Segunda

The Second Lesson

Mateo 11: 25-30

Matthew 11: 25-30

En aquel tiempo, Jesús dijo: "Te alabo, O Dios, Soberano del cielo y de la tierra, porque has mostrado a los sencillos las cosas que escondiste de los sabios y entendidos. Sí, O Dios, porque así lo has querido. Mi Padre me ha entregado todas las cosas. Nadie conoce realmente al Niño, sino el Padre; y nadie conoce realmente al Padre, sino el Niño y aquellos a quienes el Niño quiera darlo a conocer. Vengan a mí todos ustedes que están cansados de sus trabajos y cargas, y yo los haré descansar. Acepten el yugo que les pongo, y aprendan de mí, que soy paciente y de corazón humilde; así encontrarán descanso. Porque el yugo que les pongo y la carga que les doy a llevar son ligeros."

+ Esta es la Palabra de Dios

TE ALABAMOS, O DIOS

At that time Jesus said, "I thank you, O God, Sovereign of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to little children; yes, O God, for such was your gracious will. All things have been handed over to me by my Parent, and no one knows the Child of God except the Parent and no one knows the Parent except the Child of God and anyone to whom the Child chooses to reveal God. Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

**+ This is the Word of God  
THANKS BE TO GOD**

## SELECTION

## SERMON

**Deacon Les LaRue**  
Metropolitan Community Church of New York

## SPECIAL MUSIC

## THE OFFERING OF TITHES AND GIFTS

Offering Call

+ Please consider an extra gift to the Global Justice Institute!

~ Please prayerfully consider direct donations through your bank or credit card giving.

## THE CELEBRATION AND SHARING OF COMMUNION

**Deacon Len Richardson**  
The Rev. Elder Pat Bumgardner

*Communion is celebrated in memory of Loyce A. Williams (1932-2025)*

God is with you  
**AND ALSO WITH YOU**  
Let us open our hearts  
**WE OPEN THEM TO GOD**  
Let us give God thanks and praise  
**IT IS A GOOD AND JOYFUL THING TO DO**

*MCCNY celebrates an OPEN COMMUNION. Everyone is welcome to share in the Gifts of God for the People of God. (Grape juice is used so that all may freely share in this meal. For those with health concerns, distributors sanitize their hands immediately before the service. Communion wafers for those with wheat or gluten allergies are available upon request. Please let your server know if you need this service.) A prayer of blessing will be offered, unless you request the sacrament only.*

**PLEASE OBSERVE THE SACREDNESS OF THIS SACRAMENT by praying silently or by joining in the singing of hymns.**

## HYMNS DURING COMMUNION

"Dame, mi Būen Cristo"

#48/Hymnal

"You te Amo"

#9/Hymnal

"Cristo, Cristo"

#47/Hymnal

## CLOSING SONG

**"I've Got a Feeling" by Walt Mills**

*Please stand as able*

*I've got a feeling everything's gonna be alright  
Oh, Oh, Oh, I've got a feeling everything's gonna be alright (2x)  
Be alright, be alright, be alright  
God whispered to me, everything's gonna be alright . . .*

## BENEDICTION

❖ **Everyone is welcome to join in a Birthday Celebration  
and Reception for Roxana's 2nd Birthday!**

+ *Stained Glass by Jackson Hall*

**OVER** →

# PROGRAMMING at MCCNY

**SPIRITUAL DIRECTION PROGRAM:** Spiritual Direction is a process in which a mentor accompanies one person - the directee - for an extended period of time. Through conversation, prayer, and spiritual exercises, the mentor helps the directee clarify spiritual issues so that s/he can move toward a deeper experience with the Divine. To seek Direction, contact Bishop Reg at 332-400-7488.

**LIVE-STREAMING at MCCNY:** The 11am Celebration is now live-streamed. Go to [facebook.com/mccny](https://facebook.com/mccny) and celebrate with your family of faith!

**BIBLE STUDY & RELIGIOUS EDUCATION:** The Queer Life & Faith religious education program is led by Bishop Reg Richburg every Thursday at 5 pm. Our discussions connect the Scriptures, our faith, and queer Life. We use educational materials and methodologies that will help look at life from different perspectives: art, videos, and dialogue, among others. Come to one session, some sessions, or all sessions on Zoom.  
Contact: [lambseeker@hotmail.com](mailto:lambseeker@hotmail.com)

**MCCNY E-Prayer Ministry:** If you would like to participate in the prayer ministry or send prayer requests, please contact [prayers@mccny.org](mailto:prayers@mccny.org). You will receive a weekly list of prayer concerns about members and friends of our congregation, the wider MCC community, and social justice issues.

**PLEASE REMEMBER** to list the Church and our phone number among those to be contacted in case of illness or an emergency. Church Pastors will contact and visit you.

MCCNY has a new phone number!  
332-400-7488

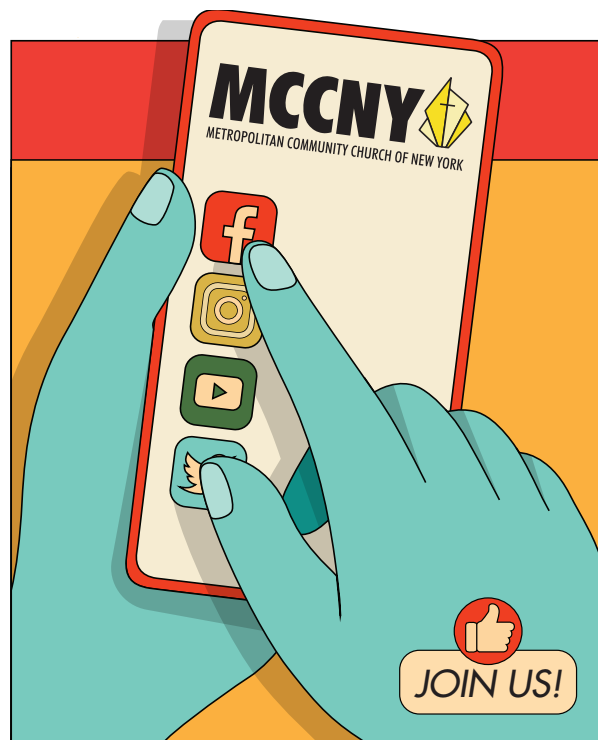
GIVE TO  
GJI →



GIVE TO  
MCCNY →



TRANSGENDER  
SUICIDE HOTLINE  
(Trans Lifeline):  
877-565-8860



CONNECT with MCCNY

**Website:** [www.mccny.org](http://www.mccny.org)

**Facebook:** MCCNY

**Instagram:** @m\_c\_c\_n\_y

**Youtube:** @MCCNewYork

# Please

don't forget  
your donations  
to MCCNY  
over the  
**SUMMER!**



## NYC ICE HOTLINE UPDATE

**THE NYC HOTLINE WILL BE DOWN  
UNTIL EARLY JULY**

THE HOTLINE ( 229-304-8720 ) IS BEING  
TRANSFERRED TO A NEW CARRIER. HOTLINE  
VOLUNTEERS ARE EAGER TO BE UP AND  
RUNNING AGAIN AND BETTER EQUIPPED TO  
PROVIDE LONG-TERM SUPPORT.

**UNTIL THE HOTLINE IS BACK UP,  
SEND SIGHTINGS & S.A.L.U.T.E TO:**

**@FLOODTHESTREETSNYC**

**@NYCICEWATCH**

**@HANDSOFFNYC**

**ON INSTAGRAM**

## WHAT TO DO IF ICE COMES TO YOUR DOOR



### DO NOT OPEN DOORS

ICE cannot come in without a signed warrant by a criminal court judge. They can only come in if you let them.



### REMAIN SILENT

ICE can use anything you say against you in your immigration case so claim your right to remain silent!

\*Say "I plead the fifth amendment and choose to remain silent".



### DO NOT SIGN

Don't sign anything ICE gives you without talking to an attorney.



### REPORT & RECORD!

Report immediately: UWD hotline 1-844-363-1423.

Take pictures & video unless you're on federal government property.  
Take notes of badge numbers, number of agents, time, type of car and exactly what happened!



### FIGHT BACK!

Get a trustworthy attorney & explore all options to fight your case. If detained, you may be able to get bail - don't give up hope!  
Join your local team to defend yourself from enforcement!



## Use S.A.L.U.T.E. when reporting ICE activity

- S** Size of the group of officers
- A** Actions/Activity  
*What are they doing?*
- L** Location  
*Address or street names*
- U** Uniforms/Clothes  
*Look for letters*
- T** Time/Date
- E** Equipment/Weapons



**PASTORAL STAFF**

The Rev. Elder Pat Bumgardner . . . . . **Pastor**  
 The Rev. Dr. Brett Degoldi . . . . . **Staff Clergy**  
 The Rev. Reg Richburg . . . . . **Staff Clergy**  
 The Rev. Dr. Jim Merritt . . . . . **Staff Clergy**  
 John Fischer . . . . . **Director of Music**  
     Carolyn Traore . . . . . **Music Ministry**  
     Heidi Siegell . . . . . **Music Ministry**

**MCCNY Charities**

LaDedra Brown . . . . . **HYS Program Manager**  
 Kailiah Hayes . . . . . **Food Pantry Manager**

**LAY DELEGATES**

Deacon Brenton Buchannan      Deacon Jen Heyward  
 John Fischer                      Mary Jane Gibney, alternate

**BOARD OF DIRECTORS**

Bp. Pat Bumgardner . . . . . Moderator  
 Lyndsey Jones-McAdams . . . . . Special Events  
 Rob Franek . . . . . Finances  
 Sam Davis . . . . . Scribe  
 Montel Cherry-Holmes . . . . . Member at Large

**BOARD OF DEACONS**

Deacon Brenton Buchannan      Deacon Philip Pares  
 Deacon Tressie Carter              Deacon Len Richardson  
 Deacon Jen Heyward              Deacon Frances Wood  
 Deacon Les LaRue

**PROGRAMMING**

**Religious Education/Membership**

Bishop Reg Richburg . . . . . Facilitator

**E-Prayer Group**

Deacon Jen Heyward, Kay Osborn,  
 Mary Jane Gibney . . . . . Facilitators

**Hospitality** . . . . . Deacon Brenton Buchannan

**Newsletter/Bulletin**

Deacon Frances Wood . . . . . *The Query* Editor  
 Deacon Les LaRue . . . . . *The Query*, Bulletin Graphic Designer

**Audio & Virtual Ministries** . . . . . John Phelps  
 Live-streaming . . . . . Bob Ferrara  
 Virtual Worship Leader . . . . . Margot Wagner

**Web Sites** . . . . . Rev. Jim Merritt

**ASL Interpreter** . . . . . Pat Dash

**Instagram and Facebook**